

NCJ  STL

National Council of Jewish Women St. Louis

NCJWSTL is inspired by Jewish values to  
**advance social and economic justice** for  
all women, children, and families.

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[ncjwstl.org](http://ncjwstl.org)



NCJ  STL

National Council of Jewish Women St. Louis

**2025-2026**  
**FAMILY RESOURCE GUIDE**  
**GUÍA DE RECURSOS FAMILIARES**

**The National Council of Jewish Women St. Louis Family Resource Guide is a listing of resources and services provided by organizations that are available to help families throughout the St. Louis metropolitan area.**

The listing of agencies/organizations is organized alphabetically by the services provided (for example, Grief Counseling/Support, Housing Assistance, Services for Children with Special Needs), and includes each organization’s phone number and website.

Resources and services provided by agencies change over time. This listing will be updated annually. We hope that you will find this guide useful in connecting with the resources you need for you and your family. If you cannot locate the services or support you need, call the United Way at 2-1-1 for further assistance.

Thank you to Royal Banks of Missouri for generously underwriting the printing of this guide.

If you are interested in underwriting future editions and/or printings of this guide, please contact us at [info@ncjwstl.org](mailto:info@ncjwstl.org) or by calling (314) 993-5181.

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## CHILDREN WITH SPECIAL NEEDS

Niños con Necesidades Especiales

### Attention Deficit Disorder Association

(800) 939-1019  
www.add.org

### Deaf Interlink\* (and ASL)

(314) 837-7757  
www.deafinterlink.com

### Delta Gamma Center for Children with Visual Impairments

(314) 776-1300  
www.dgckids.org

### Down Syndrome Association\*

(314) 961-2504  
www.dsagsl.org

### Easterseals Midwest

(800) 200-2119  
www.easterseals.com/midwest

### MPACT\* (Educational Advocacy)

(800) 743-7634  
www.missouriparentsact.org

### Paraquad\*

(314) 289-4200  
www.paraquad.org

### Recreation Council

City: (314) 772-2299 | County: (314) 726-6044 | St. Charles County: (636) 477-7704  
www.recreationcouncil.org

### Special Health Care Needs

(314) 877-2850  
www.dhss.mo.gov

### Special School District\*

(314) 989-8100  
www.ssdmo.org

### St. Louis Learning Disabilities Association

(314) 966-3088  
www.ldastl.org

## CHILDREN WITH SPECIAL NEEDS

Niños con Necesidades Especiales

### St. Louis Office for Developmental Disability Resources

(314) 421-0090  
www.stlodd.org

### St. Louis Society for the Blind and Visually Impaired\*

(314) 968-9000  
www.slsbvi.org

### TASK-Team Activities for Special Kids

(636) 343-8275  
www.taskstl.org

### Variety Kids St. Louis

(314) 720-7700  
www.varietystl.org

## CLOTHING/FURNITURE

La Ropa/Los Muebles

### Feed My People (High Ridge)

(636) 677-9885  
www.feed-my-people.org

### Feed My People (South County)

(314) 631-4900  
www.feed-my-people.org

### Habitat for Humanity Restore

(314) 531-4155 | Des Peres: (314) 678-4596 | South Side: (314) 531-4155  
www.habitatstl.org/restore

### Helping Hand Me Downs

(314) 919-6999  
www.helpinghandmedowns.org

### Home Sweet Home (provides basic household furnishings)

(314) 448-9838  
www.homesweethomestl.org

## CLOTHING/FURNITURE

La Ropa/Los Muebles

### **LifeWise STL\***

(314) 421-0400  
www.lifewisestl.org

### **MERS Goodwill Industries**

(314) 241-3464  
www.mersgoodwill.org

### **Miriam Switching Post**

(314) 646-7737  
www.miriamstl.org

### **NCJWSTL/The Resale Shop**

(314) 692-8141  
www.ncjwstl.org/resale-shop

### **New Life Evangelistic Center**

(314) 421-3020  
www.newlifeevangelisticcenter.org

### **Oasis International\* (primarily for refugee families)**

(314) 353-3800  
www.oasis4refugess.org

### **St. Vincent de Paul Thrift Stores**

(314) 881-6000 (main number)  
www.svdpstlouis.org

### **The Salvation Army Family Store**

Midtown: (314) 535-2000 | Florissant: (314) 831-2826  
www.satruck.org/thriftstore/index

### **Urban League of Metropolitan Saint Louis**

(314) 615-3600  
www.ulstl.com

### **Urban League St. Louis County**

(314) 388-9840  
www.ulstl.com

## COUNSELING

Servicios de Consejería

### **Center for Trauma Recovery**

(314) 516-6738  
www.umsl.edu/psychology/ctr

### **Children's Advocacy Center\***

(314) 516-6798  
www.stlouiscac.org

### **Community Psychological Services**

(314) 516-5824  
www.umsl.edu/services/cps

### **Counseling & Social Advocacy Center at UMSL\***

(314) 516-4613  
www.umsl.edu/education/research-centers/csac/index.html

### **Crime Victim Center\***

(314) 652-3623  
www.supportvictims.org

### **Epworth Children and Family Services**

(314) 961-5718 | (800) 899-KIDS  
www.epworth.org

### **Every Child's Hope**

(314) 427-3755  
www.everychildshope.org

### **Jewish Family Services\***

(314) 993-1000  
www.jfsstl.org

### **Lutheran Family & Children's Services**

(314) 787-5100 | (866) 326-LFCS  
www.lfcsmo.org

### **Provident Behavioral Health**

(314) 533-8200 | Crisis Helpline: (800) 273-8255  
www.providentstl.org

## COUNSELING

Servicios de Consejería

### Safe Connections\*

(314) 531-2003  
www.safeconnections.org

### Saint Louis Counseling\*

(314) 544-3800  
https://saintlouis-counseling.org

### The Core Collective at St. Vincent

(314) 261-6011  
www.thecorecollectivestl.org

### Youth In Need\*

St. Louis County: (314) 594-5010  
St. Charles County: (636) 946-5600 & (636) 757-9400  
www.youthinneed.org

### YWCA

(314) 531-1115  
www.ywcastl.org

## DAY CARE

La Guardería

### Child Care Aware of Missouri\*

(866) 892-3228  
www.mochildcareaware.org

### Missouri Department of Social Services\* (*child care subsidy program*)

www.dss.mo.gov/fsd/child-care.htm

### United 4 Children\*

(314) 531-1412 | (800) 467-2322  
www.united4children.org

## DIVORCE

El Divorcio

### Kids in the Middle

(314) 909-9922  
www.kidsinthemiddle.org

## DOMESTIC VIOLENCE

La Violencia Doméstica

### ALIVE\*

(314) 993-2777 (24/7 Crisis Hotline) | (314)993-7080  
www.alivestl.org

### AWARE (Barnes-Jewish)\*

(314) 362-9273  
www.barnesjewish.org

### Behavioral Health Response\*

(314) 819-8811  
www.bhrstl.org

### Crime Victim Center\*

(314) 652-3623 | (314) 664-6699  
www.supportvictims.org

### Kathy J. Weinman Shelter

(314) 615-4430 | Hotline: (314) 423-1117  
www.domesticshelters.org

### Legal Services of Eastern Missouri\*

(314) 534-4200 | (800) 444-0514  
www.lsem.org

### Lydia's House\* (*does not provide emergency services*)

(314) 771-4411  
www.lydiashouse.org

### National Domestic Violence Hotline\*

(800) 799-7233 | TTY: (800) 787-3224  
www.thehotline.org

## DOMESTIC VIOLENCE

La Violencia Doméstica

### **National Sexual Assault Hotline (RAINN)\***

(800) 656-4673  
www.rainn.org

### **Safe Connections\* (24-hour crisis care and therapy)**

(314) 531-2003  
www.safeconnections.org

### **St. Louis Survivors Legal Support, Inc. (SLSLS)**

(314) 669-7867 | (314) NOW-STOP  
www.slsls.org

### **St. Martha's Hall\* (shelter and services)**

(314) 533-1313  
www.saintmarthas.org

### **St. Martha's Hall Drop-In Center\***

(314) 487-2062  
www.saintmarthas.org

### **The Women's Safe House\***

(314) 772-4535  
www.twsh.org

### **YWCA Women's Resource Centers\***

(314) 531-7273  
www.ywcastl.org

## EMERGENCY/CRISIS

La Emergencia / La Crisis

### **2-1-1 Helpline Operated by United Way 24/7\***

2-1-1 or (800) 427-4626 | TTY: (866) 385-6525  
www.211.org

### **988 Suicide & Crisis Lifeline\***

Call or Text: 988  
www.988lifeline.org

## EMERGENCY/CRISIS

La Emergencia / La Crisis

### **American Red Cross\***

(314) 516-2800 | (800) 733-2767 (800-RED-CROS)  
www.redcross.org

### **Behavioral Health Response\***

(314) 819-8811 | Call: 988  
www.bhrstl.com

### **BJC Behavioral Health**

(314) 747-7491 | (877) 729-4004  
www.bjcbehavioralhealth.org

### **Bullying\***

www.stopbullying.gov

### **Bullying Crisis Text Line\***

Text "CONNECT" to 741741  
www.crisistextline.org

### **Childhelp National Child Abuse Hotline\***

(800) 422-4453  
www.childhelp.org

### **Crime Victim Center\***

(314) 652-3623 or (314) 664-6699  
www.supportvictims.org

### **Crisis Nursery\***

(314) 768-3201  
www.crisisnurserykids.org

### **Crisis Text Line\***

Text "HOME" to 741741  
www.crisistextline.org

### **Elder Abuse and Neglect Hotline**

(800) 392-0210  
www.health.mo.gov/safety/abuse

### **Epworth Youth Emergency Services**

(800) 899-5437 (KIDS) | (314) 222-4868  
www.epworth.org

## EMERGENCY/CRISIS

La Emergencia / La Crisis

### **KUTO (Kids Under Twenty-One)\* Kid-to-Kid Hotline (Suicide Prevention)**

(888) 644-5886 or (314) 644-5586 | Text: MOSAFE (667233) to 741741  
www.kuto.org

### **Missouri Child Abuse & Neglect Hotline\***

(800) 392-3738  
<https://dss.mo.gov/cd/keeping-kids-safe/can.htm>

### **National Domestic Violence Hotline\***

(800) 799-SAFE (7233) | TTY: (800) 787-3224  
www.thehotline.org

### **National Human Trafficking Hotline\***

(888) 373-7888 | Text: 233733 | TTY: 711  
www.humantraffickinghotline.org

### **National Runaway Safeline\***

(800) RUNAWAY | (800) 786-2929  
www.1800runaway.org

### **Poison Control Hotline\***

(314) 772-5200 | (800) 222-1222  
www.poison.org

### **Relay Missouri\***

(800) 735-2966 | (800) 520-7309\*  
www.relaymissouri.com

### **Safe Connections\* (relationship violence)**

(314) 531-2003  
www.safeconnections.org

### **St. Louis Youth Connection Helpline\***

St. Charles County: (636) 642-0642 | TEXT: BSAFE to 31658  
St. Louis City: (314) 485-4635 | TEXT: 2TALK to 31658  
St. Louis County: (314) 628-2929 | TEXT: BHEARD to 31658

### **Youth In Need\***

(314) 819-8802  
www.youthinneed.org

## FINANCIAL ASSISTANCE/EDUCATION

La Asistencia Financiera/La Educación Financiera

### **Community Action Agency\***

(314) 863-0015  
www.caastlc.org

### **Gateway EITC Community Coalition (free tax preparation services)**

(314) 539-4062  
www.gatewayeitc.org

### **Jewish Family Services\***

(314) 993-1000  
www.jfsstl.org

### **Justine Petersen\* (loans)**

(314) 533-2411  
www.justinepetersen.org

### **LifeWiseSTL\* (coaching, education, and access to loans)**

(314) 421-0400  
www.lifewisestl.org

### **Office of Financial Empowerment, Treasurer, City of St. Louis\***

(314) 622-4700  
www.stlouis-mo.gov

### **Prosperity Connection\***

(314) 499-9698  
www.prosperityconnection.org

### **St. Louis Community Credit Union\***

(314) 534-7610  
www.stlouiscommunity.com

### **Volunteer Income Tax Assistance\* (free tax assistance)**

<https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers>

### **Women in Charge\* (HiSet classes, career development, and mentoring)**

(314) 432-7300  
www.womenincharge.org

### **YWCA\***

(314) 531-1115  
www.ywcastl.org

## FOOD/OTHER BASIC NEEDS

La Comida/Otras Necesidades Básicas

### Harvey Kornblum Jewish Food Pantry

(314) 513-1672 | (314) 993-1000  
<https://jfsstl.org/get-help/our-services/food-pantry/>

### Operation Food Search Hunger Hotline

(314) 726-5355 | Text Zipcode to (785) 503-3310 for local info  
[www.operationfoodsearch.org](http://www.operationfoodsearch.org)

### SNAP Program/Emergency Food Stamps\* (Family Support Division)

(855) 823-4908  
[www.mydss.mo.gov/food-assistance](http://www.mydss.mo.gov/food-assistance)

### St. Louis Area Diaper Bank and Period Supplies

(314) 624-0888 or email: [info@stldiaperbank.org](mailto:info@stldiaperbank.org)  
[www.stldiaperbank.org](http://www.stldiaperbank.org)

### WIC\* (Women, Infant and Child)

(800) 392-8209  
[www.health.mo.gov/living/families/wic](http://www.health.mo.gov/living/families/wic)

## GRIEF COUNSELING/SUPPORT

Los Servicios de Apoyo Emocional

### Annie's Hope - The Center for Grieving Kids\*

(314) 965-5015  
[www.annieshope.org](http://www.annieshope.org)

### BJC Hospice Grief Support\*

(314) 872-5050  
[www.bjchospice.org](http://www.bjchospice.org)  
*\*translators can be provided case by case*

### Infant Loss Resources

(800) 421-3511 ext. 1120  
[www.infantlossresources.org](http://www.infantlossresources.org)

### Wife Widow Woman (NCJWSTL)

(314) 993-5181  
<https://ncjwstl.org/what-we-do/community-service/wife-widow-woman/>

## HOUSING ASSISTANCE

La Asistencia para La Vivienda

### Better Family Life\* (*buyer assistance/foreclosure intervention*)

(314) 367-3440  
[www.betterfamilylife.org/housing-community-engagement](http://www.betterfamilylife.org/housing-community-engagement)

### Beyond Housing\* (*buyer/rentals assistance*)

(314) 533-0600  
[www.BeyondHousing.org](http://www.BeyondHousing.org)

### Community Action Agency (St. Louis County)

(314) 863-0015  
[www.caastlc.org](http://www.caastlc.org)

### Community Women Against Hardship (*transitional housing*)

(314) 289-7523  
[www.cwah.org](http://www.cwah.org)

### Gateway 180

(314) 231-1515 | Housing Resource Hotline: (314) 802-5444  
[www.gateway180.org](http://www.gateway180.org)

### Gateway Housing First (*accessible and affordable housing*)

[www.gatewayhousingfirst.org](http://www.gatewayhousingfirst.org)

### Habitat for Humanity Saint Louis

(314) 371-0400  
[www.habitatstl.org](http://www.habitatstl.org)

### Housing Authority (Section 8) - St. Louis City

(314) 531-4770 | (314) 286-4303  
[www.slha.org](http://www.slha.org)

### Housing Authority - St. Louis County\*

(314) 428-3200

### Marygrove (*transitional and independent living*)

(314) 830-6201  
[www.marygrovechildren.org](http://www.marygrovechildren.org)

### St. Patrick Center (*support services to secure housing*)

(314) 802-0700  
[www.stpatrickcenter.org](http://www.stpatrickcenter.org)

## HOUSING ASSISTANCE

La Asistencia para La Vivienda

### **The Salvation Army Family Haven** (*transitional housing*)

(314) 423-7770

[homelessshelterdirectory.org/shelter/mo\\_the-salvation-army-family-haven](http://homelessshelterdirectory.org/shelter/mo_the-salvation-army-family-haven)

### **Urban League of Metropolitan Saint Louis, Inc.**

(314) 615-3600

[www.ulstl.com](http://www.ulstl.com)

### **Urban League of Saint Louis County**

(314) 388-9840

[www.ulstl.com](http://www.ulstl.com)

### **YWCA Rapid ReHousing**

(314) 726-6665

[www.ywcastl.org](http://www.ywcastl.org)

## JOB TRAINING/EDUCATION

La Formación Profesional

### **Apprenticeship Ready Programs (Construction/Manufacturing)**

(573) 536-2237

[www.moworksinitiative.org](http://www.moworksinitiative.org)

### **Better Family Life\***

(314) 367-3440

[www.betterfamilylife.org](http://www.betterfamilylife.org)

### **Building Futures**

(314) 600-4598

[www.buildingfuturesstl.org](http://www.buildingfuturesstl.org)

### **Catholic Charities\***

(314) 367-5500

[www.ccstl.org](http://www.ccstl.org)

### **Community Action Agency of St. Louis\***

(314) 863-0015

[www.caastlc.org](http://www.caastlc.org)

## JOB TRAINING/EDUCATION

La Formación Profesional

### **Connections to Success**

(636) 940-8027

[www.connectionstosuccess.org](http://www.connectionstosuccess.org)

### **Dislocated Worker**

(314) 660-3447

[www.moworksinitiative.org](http://www.moworksinitiative.org)

### **International Institute of St. Louis\*** (*citizenship education*)

(314) 773-9090

[www.iistl.org](http://www.iistl.org)

### **LaunchCode**

(314) 254-0107

[www.launchcode.org](http://www.launchcode.org)

### **MERS Missouri Goodwill Industries**

(314) 241-3464

[www.mersgoodwill.org](http://www.mersgoodwill.org)

### **Mission: St. Louis**

(314) 534-1188

[www.missionstl.org](http://www.missionstl.org)

### **NPower (IT/Technology)**

(314) 391-2080

[www.npower.org/locations/missouri](http://www.npower.org/locations/missouri)

### **Rung for Women**

(314) 451-8500

[www.rungforwomen.org](http://www.rungforwomen.org)

### **Sheet Metal Workers Local Union 36 Training School**

(314) 371-2800

[www.smw36jatc.org](http://www.smw36jatc.org)

### **SLATE Missouri Job Center**

(314) 589-8000

[www.jobs.mo.gov](http://www.jobs.mo.gov)

### **Soul Fisher Ministries** (*post incarceration*)

(314) 381-0401

[www.thesoulfisherministries.com](http://www.thesoulfisherministries.com)

## JOB TRAINING/EDUCATION

### La Formación Profesional

#### **St. Louis Community College Workforce Solutions Group**

(314) 984-7777

[www.stlcc.edu/workforce](http://www.stlcc.edu/workforce)

#### **St. Louis Job Corps\***

(314) 679-6200 | (800) 733-5627

<https://stlouis.jobcorps.gov>

#### **Urban League of Metropolitan Saint Louis, Inc.**

(314) 615-3600

[www.ulstl.com](http://www.ulstl.com)

#### **Urban League of Saint Louis County**

(314) 388-9840

[www.ulstl.com](http://www.ulstl.com)

#### **Vocational Rehab\***

(573) 751-3251

[www.dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation](http://www.dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation)

#### **YWCA CREED (Career Readiness Economic Empowerment Development)**

(314) 531-1115

[www.ywcastl.org](http://www.ywcastl.org)

## LEGAL AID SERVICES

### La Asistencia Legal

#### **American Civil Liberties Union**

(314) 652-3114

[www.aclu-mo.org](http://www.aclu-mo.org)

#### **Arch City Defenders (civil rights attorneys)**

(314) 361-8834

[www.archcitydefenders.org](http://www.archcitydefenders.org)

#### **Catholic Legal Assistance Ministry\* (St. Francis Community Services)**

(314) 977-3993

[www.sfcstl.org](http://www.sfcstl.org)

## LEGAL AID SERVICES

### La Asistencia Legal

#### **Crime Victim Center\* (legal help line)**

(314) 664-6699

[www.supportvictims.org/legal-line](http://www.supportvictims.org/legal-line)

#### **Fathers & Families Support Center**

(314) 333-4170

[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org)

#### **Land of Lincoln Legal Aid\***

(618) 398-0574

[www.lincolnlegal.org](http://www.lincolnlegal.org)

#### **Legal Services of Eastern Missouri**

(314) 534-4200 | (800) 444-0514

[www.lsem.org](http://www.lsem.org)

#### **MICA Project\* (Migrant and Immigrant Community Action)**

(314) 995-6995

[www.mica-project.org](http://www.mica-project.org)

#### **Missouri Protection and Advocacy Services**

(800) 392-8667

[www.moadvocacy.org](http://www.moadvocacy.org)

#### **New Covenant Legal Services**

(314) 726-6489

[www.newcovenantlegalservices.org](http://www.newcovenantlegalservices.org)

#### **The Bar Association of Metropolitan St. Louis**

(314) 421-4134

[www.bamsl.org](http://www.bamsl.org)

## LGBTQ+

#### **Lambda Legal**

(212) 809-8585 | (312) 663-4413

[www.lambdalegal.org](http://www.lambdalegal.org)

## LGBTQ+

### **LGBT National Coming Out Support Line**

(888) 688-5428

[www.lgbthotline.org/coming-out-hotline](http://www.lgbthotline.org/coming-out-hotline)

### **LGBT National Hotline**

(888) 843-4564

[www.lgbthotline.org](http://www.lgbthotline.org)

### **LGBT National Senior Hotline**

(888) 234-7243

[www.lgbthotline.org](http://www.lgbthotline.org)

### **LGBT National Youth Talk Line**

(800) 246-7743

[www.lgbthotline.org](http://www.lgbthotline.org)

### **Pride St. Louis**

(314) 325-9794

[www.pridestl.org](http://www.pridestl.org)

### **Safe Connections Helpline\***

(314) 531-2003

[www.safeconnections.org](http://www.safeconnections.org)

### **Safe Zone UMSL**

(314) 516-5291

<https://www.umsl.edu/studentinvolvement/lgbtq/safezone.html>

### **St. Louis Gender Foundation**

(314) 607-4163

[www.stlouisgenderfoundation.org](http://www.stlouisgenderfoundation.org)

### **St. Louis Queer Support & Healing (SQSH)**

(314) 380-7774

[www.thesqsh.org](http://www.thesqsh.org)

### **The Spot**

(314) 535-0413

[www.thespot.wustl.edu](http://www.thespot.wustl.edu)

### **The Trevor Project**

(866) 488-7386 | Text: START to 678-678

[www.thetrevorproject.org](http://www.thetrevorproject.org)

## LGBTQ+

### **Trans Lifeline\***

(877) 565-8860

[www.translifeline.org](http://www.translifeline.org)

### **988 Suicide & Crisis Hotline\***

Dial 988 and Press 3 for LGBTQI+

[www.988lifeline.org/help-yourself/lgbtqi](http://www.988lifeline.org/help-yourself/lgbtqi)

## MEDICAL/HEALTH CARE INSURANCE

### El Seguro Médico

### **Health Insurance Marketplace/Affordable Care Act\***

(800) 466-3213 | National: (800) 318-2596

[www.covermissouri.org](http://www.covermissouri.org)

### **Medicaid\***

(855) 373-9994

[www.medicaid.gov](http://www.medicaid.gov) or [www.dss.mo.gov](http://www.dss.mo.gov)

### **Medicare\***

(800) 633-4227

[www.medicare.gov](http://www.medicare.gov)

### **Missouri Healthnet Insurance\***

(573) 751-3425

[www.mydss.mo.gov/mhd](http://www.mydss.mo.gov/mhd)

### **St. Louis Regional Health Commission\***

(314) 446-6454

[www.stlrh.org/current-work/coverstl](http://www.stlrh.org/current-work/coverstl)

## MEDICAL/HEALTH CARE PROVIDERS

### Los Proveedores Médicos

### **Affinia Health Care\***

Appointments: (314) 814-8700 | Info: (314) 898-1700

[www.affiniahealthcare.org](http://www.affiniahealthcare.org)

# MEDICAL/HEALTH CARE PROVIDERS

Los Proveedores Médicos

## CareSTL Health

(314) 367-5820  
[www.carestlhealth.org](http://www.carestlhealth.org)

## Casa de Salud\*

(314) 977-1250  
[www.casadesaludstl.org](http://www.casadesaludstl.org)

## Family Care Health Centers\* *(primary and dental care)*

(314) 834-2273  
[www.familycarehealthcenters.org](http://www.familycarehealthcenters.org)

## Gateway to Hope\* *(breast cancer support)*

(314) 569-1113  
[www.gthstl.org](http://www.gthstl.org)

## Give Kids A Smile *(dental care)*

(636) 397-6453  
[www.gkas.org](http://www.gkas.org)

## Hope Clinic for Women\*

(618) 451-5722  
[www.hopeclinic.com](http://www.hopeclinic.com)

## KidSight Vision\* *(help to find/pay for vision care)*

(855) 454-3744  
[www.kid-sight.org](http://www.kid-sight.org)

## Nurses for Newborns\*

(314) 544-3433  
[www.nursesfornewborns.org](http://www.nursesfornewborns.org)

## People's Health Centers

(314) 367-7848  
[www.phcenters.org](http://www.phcenters.org)

## Pink Ribbon Good\* *(breast and gynecological cancer support)*

(877) 269-5367  
[www.pinkribbongood.org](http://www.pinkribbongood.org)

# MEDICAL/HEALTH CARE PROVIDERS

Los Proveedores Médicos

## Planned Parenthood\*

(314) 531-7526  
<https://www.plannedparenthood.org/planned-parenthood-great-rivers>

## STLHELP *(free home medical equipment)*

(314) 897-4357  
[www.stlhelp.org](http://www.stlhelp.org)

## St. Louis Children's Hospital\*

(800) 678-5437  
[www.stlouischildrens.org](http://www.stlouischildrens.org)

## St. Louis County Department of Public Health

(314) 615-0600  
<https://stlouiscountymo.gov/st-louis-county-departments/public-health/>

## St. Louis Dental Education and Oral Health Clinic\*

(314) 833-2700  
[www.stldentalcenter.org](http://www.stldentalcenter.org)

## St. Louis Department of Public Health

(314) 612-5100  
[www.stlouis-mo.gov/government/departments/health/index.cfm](http://www.stlouis-mo.gov/government/departments/health/index.cfm)

## St. Louis Integrated Health Network

(314) 202-7314  
[www.stlouisihn.org](http://www.stlouisihn.org)

## The Foundation for Asthma & Allergy Impact and Rescue

(314) 645-2422  
[www.weareaair.org](http://www.weareaair.org)

## UMSL Eye Care\* *(vision/glasses)*

(314) 516-5131  
<https://eyecare.umsl.edu>

## Washington University School of Medicine Contraceptive Choice Center

(314) 747-0800  
<https://contraceptivechoice.wustl.edu>

# MENTAL HEALTH

## La Salud Mental

### **988 Suicide & Crisis Hotline\***

Call or Text: 988  
www.988lifeline.org

### **Adapt - A Compass Health Network Company**

(314) 269-1169  
www.compasshealthnetwork.org/adapt

### **Annie Malone Children & Family Center**

(314) 531-0120 | (844) 803-7233  
www.anniemalone.com

### **ARCA (Assisted Recovery Centers of America)**

(314) 645-6840  
www.arcamidwest.com/mental-health-psychiatric-services

### **Behavioral Health Response\***

(314) 819-8811  
www.bhrstl.com

### **Behavioral Health Response Crisis Hotline\***

(800) 811-4760 | Call: 988  
www.bhrstl.com

### **BJC Behavioral Health\***

(314) 747-7491 | (877) 729-4004  
www.bjcbehavioralhealth.org

### **Casa de Salud: Family Mental Health Collaborative\***

(314) 977-1250  
www.casadesaludstl.org

### **CHADS Coalition (suicide and bullying prevention)**

(314) 952-2046  
www.chadscoalition.org

### **Community Psychological Services at UMSL**

(314) 516-5771  
www.umsl.edu/services/cps

### **Comprehensive Behavioral Health Center (East St. Louis)**

(618) 482-7330  
www.cbhc1.org

# MENTAL HEALTH

## La Salud Mental

### **Epworth**

(314) 961-5718 | Helpline: (800) 899-KIDS  
www.epworth.org

### **Hopewell Mental Health Services\***

(314) 531-1770  
www.hopewellcenter.com

### **Jewish Family Services\***

(314) 993-1000  
www.jfsstl.org

### **KVC Missouri**

(844) 424-3577  
https://missouri.kvc.org

### **Marygrove**

(314) 830-6201  
www.marygrovechildren.org

### **Missouri Department of Mental Health**

(800) 364-9687  
www.dmh.mo.gov

### **National Alliance on Mental Illness (NAMI)**

(314) 962-4670  
www.namistl.org

### **Places for People\***

(314) 535-5600 | Hotline: (800) 811-4760  
www.placesforpeople.org

### **Provident Behavioral Health**

(314) 533-8200  
www.providentstl.org

### **SSM Behavioral Health**

Urgent Care: (314) 344-7200  
www.ssmhealth.com/behavioral-health

### **Saint Louis Counseling\***

(314) 544-3800  
https://saintlouis counseling.org

## MENTAL HEALTH

### La Salud Mental

#### **St. Louis Empowerment Center**

(314) 652-6100  
www.dbsaempowerment.org

#### **The Core Collective at St. Vincent**

(314) 261-6011  
www.saintvincenthome.org

#### **UnGun Disarming Trauma**

(314) 518-5508  
www.unguninstitute.com

#### **Walter's Walk**

(314) 731-2433  
www.walterswalk.com

## PARENTING

### La Crianza

#### **Community Women Against Hardship**

(314) 289-7523  
www.cwah.org

#### **Epworth Family Support Network**

(314) 707-6337 | (314) 541-3509  
www.epworth.org

#### **Family Advocacy & Community Training**

(636) 949-2425  
www.factmo.org

#### **Family Forward**

(314) 968-2350  
www.familyforwardmo.org

#### **Fathers & Families Support Center**

(314) 333-4170  
www.fatherssupportcenter.org

#### **Good Shepherd Children & Family Services\***

(314) 854-5700  
www.goodshepherdstl.org

## PARENTING

### La Crianza

#### **ParentLink\* (parenting & kinship advice)**

(800) 552-8522 | (888) 460-0008\*  
www.education.missouri.edu/parentlink

#### **Parents as Teachers**

(314) 432-4330 | (866) 728-4968  
www.parentsasteachers.org

#### **Vision for Children at Risk**

(314) 534-6015  
www.visionforchildren.org

## SUBSTANCE USE TREATMENT

### El Tratamiento por Abuso de Sustancias

#### **Alcoholics Anonymous\***

(314) 647-3677  
www.aastl.org

#### **Behavioral Health Response\***

(314) 819-8811  
www.bhrstl.com

#### **Bridgeway Behavioral Health\***

(636) 224-1000 | (314) 384-4223 | (800) 784-7361 | (800) 823-7153  
www.rehab.com/preferred-family-healthcare-bridgeway-behavioral-health-dunnica-saint-louis

#### **Center for Life Solutions**

(314) 731-0100 | 24/7 Line: (314) 302-6728  
www.centerfls.org

#### **Comprehensive Behavioral Health Center (St. Clair County)**

(618) 482-7330  
www.cbhc1.org

#### **MO Network for Opiate Reform and Recovery**

(844) 732-3587  
www.monetwork.org

#### **Prevent+Ed (formerly NCADA)**

(314) 962-3456  
www.prevented.org

## SUBSTANCE USE TREATMENT

El Tratamiento por Abuso de Sustancias

### Queen of Peace Center

(314) 531-0511  
www.qopcstl.org

### Saint Louis Area Narcotics Anonymous

(314) 819-7309 | (314) 830-3232  
www.stlna.org

### SAMHSA\*: Substance Abuse Services Locator

(800) 662-HELP (4357) | (877) 726-4727  
www.samhsa.gov

### St. Patrick Center\*

(314) 802-0700  
www.stpatrickcenter.org

### The Salvation Army

(314) 652-3310  
www.salvationarmyusa.org/recovery

### West End Clinic

(314) 381-0560  
www.westendclinic.org

### WISH Center (Women and Infant Substance Help)

(314) 768-8230  
www.ssmhealth.com/locations/location-details/wish-center

## UTILITY ASSISTANCE

La Asistencia de Servicios Públicos

### Community Action Agency of St. Louis County\*

(314) 863-0015  
www.caastlc.org

### Energy Care

(314) 773-5900  
www.energycare.org

## UTILITY ASSISTANCE

La Asistencia de Servicios Públicos

### Franciscan Connection\*

(314) 773-8485  
www.franciscanconnection.org

### Heat Up St. Louis

(314) 241-0001  
www.heatupstlouis.org

### Spire Utility Assistance\*

(800) 887-4173  
www.spireenergy.com

### The Salvation Army

(314) 646-3000  
www.centralusa.salvationarmy.org

### United Way\*

Call 2-1-1 | (800) 427-4626  
www.211helps.org

### Urban League Utility Assistance (St. Louis City)

(314) 615-3600  
www.ulstl.com/utility-assistance.html

### Urban League Utility Assistance (St. Louis County)

(314) 388-9840  
www.ulstl.com/utility-assistance.html

## YOUTH PROGRAMS

Los Programas Juveniles

### Artists First

(314) 781-4440  
www.artistsfirststl.org

### Better Family Life\*

(314) 367-3440  
www.betterfamilylife.org

# YOUTH PROGRAMS

Los Programas Juveniles

## **Big Brothers Big Sisters of Eastern Missouri**

(314) 361-5900  
www.bbbsemo.org

## **Boys & Girls Clubs of Greater St. Louis\***

(314) 335-8000  
www.bgcstl.org

## **Boys Hope Girls Hope St. Louis\***

(314) 776-9406  
www.boyshopegirlshopestl.org

## **Community Women Against Hardship (Student Enrichment Programs)**

(314) 289-7523  
www.cwah.org

## **Girls in the Know**

(314) 884-1621  
www.girlsintheknow.org

## **Girls Inc. of St. Louis**

(314) 385-8088  
www.girlsincstl.org

## **LifeWise STL\***

(314) 421-0400  
www.lifewisestl.org

## **Marygrove**

(314) 830-6201  
www.marygrovechildren.org

## **Mathews-Dickey Boys & Girls Club**

(314) 382-5952  
www.bgcstl.org/mathewsdickey

## **Money Smarts School of Finance for Children**

(314) 956-7918  
www.moneysmartsschoolforchildren.org

## **Pianos for People (free pianos, music lessons, music camp)**

(314) 285-5852  
www.pianosforpeople.org

# YOUTH PROGRAMS

Los Programas Juveniles

## **Smart Kids, Inc. (tutoring services)**

(314) 884-1486  
www.smartkidsinc.org

## **STL Youth Jobs**

(314) 499-8176  
www.stlyouthjobs.org

## **Youth & Family Center (programs and summer camps)**

(314) 231-1147  
www.theyfc.org

## **YWCA Metro St. Louis\***

(314) 531-1115  
www.ywcastl.org

## NCJWSTL PROGRAMS & PROJECTS

Education + Advocacy + Community Service = Lasting transformative changes in the lives of women, children, and families in our community

NCJWSTL has founded more than 55 programs and projects in the St. Louis community and impacted countless policies and legislation since 1895. Informed of social and economic inequities through partnerships with more than 300 local agencies, NCJWSTL leverages these relationships to maximize our collective impact to meet community needs and address root causes.

NCJWSTL does not wait for problems to solve themselves. When we see a student in need of a backpack and winter coat, we are not only there to provide those supplies to keep that child safe, warm, confident, and ready to learn, we also address the circumstances and policies that caused the student's family to need assistance in the first place. **For more information: (314) 993-5181 | ncjwstl.org**



The Back To School! Store provides over 2,100 children with new coats, hats, gloves, backpacks, school supplies, shoes and so much more to ensure students are prepared and excited on the first day of school to learn with confidence.



Kids Community Closets provide new clothing, coats, backpacks, school supplies, and personal care items to students empowering them to attend school every day and maximize their learning potential.



The Healing Hearts Bank program provides microloans to women and families who may not have access to traditional banking to help with income generation, credit building, and economic justice through partnerships with community organizations.



Project Renewal is a program that empowers women by helping them gain new skills and build confidence to take control of their lives and achieve their goals.



The Wife Widow Woman program provides ongoing support to those who have lost their life partner, bridging the gap between grief and growth as they strive to meet life's new challenges.



NCJWSTL conducts informed and articulate advocacy efforts to support government and social policies that improve the lives of women, children, and families.



Proceeds from The Resale Shop provide funding for NCJWSTL's many programs and projects to improve the lives of women, children, and families.



**SHOP FOR THE ENTIRE FAMILY!**  
CLOTHING, SHOES, JEWELRY, ACCESSORIES & HOME DECOR



ENJOY  
**25% OFF**

your entire in-store purchase at **TheResaleShop\***

\*Not valid with other offers, some exclusions apply.  
Limit one per customer. Present this coupon at time of purchase. Offer expires 12/23/2025

**TheResaleShop**  
A Charitable Project of NCJWSTL

295 N Lindbergh Blvd.  
St. Louis, MO 63141  
314.692.8141

f @ t w  
theresaleshop.org

**STORE HOURS**  
Monday-Friday | 10am-6pm  
Saturday | 10am-5pm

**DONATION CENTER HOURS**  
Monday-Saturday | 10am-4pm

**In our community. For our community.**  
All proceeds support the programs of NCJWSTL to improve the lives of women, children, and families in our community.

## NCJWSTL BACK TO SCHOOL! STORE AGENCY PARTNERS

NCJWSTL extends our gratitude to our agency partners that help identify student participants for the Back to School! Store, an annual event that provides elementary school students with the supplies they need to start school with confidence.

To learn more about the Back to School! Store visit [ncjwstl.org](http://ncjwstl.org).

Angels of Mercy/Not Forgotten, Inc.  
 Outreach Ministry  
 Annie Malone Children & Family Services  
 Beginning Futures  
 Bethel Church of God in Christ  
 Bethesda Temple Church  
 Beyond Housing  
 Big Brothers, Big Sisters of Eastern Missouri  
 Carver House/StL Torchbearer 2  
 Centennial Christian Church  
 Center of Hope  
 Christ Our Redeemer AME Church  
 City Garden Montessori School  
 Compton Hills MB Church  
 Confluence Academies  
 Cornerstone Center for Early Learning  
 Damage But Delivered Ministry  
 El Bethel Church of God in Christ  
 El Bethel Missionary Baptist Church  
 Faith Baptist Church of Berkeley  
 Feed My People - High Ridge  
 Feed My People - Lemay  
 Fellowship Temple Christian Church  
 Gateway Housing First  
 Grandparents As Parents Support Project  
 Greater Paradise Baptist Church  
 Greater St. Mark Family Church  
 House of Harvest Ministries Worship Center  
 Jerusalem MB Church  
 JFS of St. Louis  
 King of Kings Church  
 KIPP Wonder  
 Kyzd Ark Learning Center  
 Lemay Child & Family Center  
 Lessie Bates Davis Neighborhood House

Lift for Life Academy  
 Little Arrows Daycare  
 Melanin Homeschool of Metro St. Louis Area  
 Midtown Community Services  
 Moriah City of Miracles  
 Mount Beulah MBC  
 New Life Empowerment Center  
 New Life Fellowship MB Church  
 New Northside MB Church  
 One Hope United  
 Our Fathers House 1  
 Pathways to Progress  
 Pointe of Surrender  
 Queen of Peace Center  
 Queens and Kings Learning Center  
 Rise N Shine  
 Room at the Inn  
 Saint Louis Crisis Nursery  
 Shiloh Temple Church  
 St. Alphonsus Rock Catholic Church  
 St. Francis Community Services  
 St. Luke Memorial MBC  
 St. Philip's Evangelical Lutheran Church  
 Surrender to Christ Ministries  
 The Children of Abraham Learning Center  
 The Christian Life Center  
 The Community Church of God  
 The Legacy Center STL  
 The Mission Attempt  
 The SoulFisher Ministries  
 Trinity Mt. Carmel Baptist Church  
 Walnut Park Community Outreach Inc.  
 Williams Temple Church of God in Christ  
 YWCA Metro St Louis - Head Start Program



**Proudly Celebrating 60 Years of  
 Serving the St. Louis Community.**

*We Are Honored to Partner with  
 NCJWSTL and offer the 2025 Family  
 Resource Guide for our Neighbors  
 in the Greater St. Louis Area.*

**Royal Banks**  
 of Missouri

(314) 212-1500 | [royalbanksofmo.com](http://royalbanksofmo.com)



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