



2023 NCJWSTL Leadership Class

“A leader is one who knows the way, goes the way, and shows the way.” – John C. Maxwell

The empowerment of women to make an even greater impact in the world is a powerful skill that NCJWSTL strives to achieve, and it is done through our Leadership Class. This year, we have created an 8-session program that provides each participant with the opportunity to:

- Develop her leadership for career and community impact
- Realize her personal potential by identifying skills and priorities
- Better understand NCJW structure, opportunities, and regional impact
- Build lasting connections with a multi-generational network of like-minded women

This **IN-PERSON** series is structured to give the best information, skills, and tactics to all current and future leaders who participate, while requesting a commitment to the organization.

A class Meet & Greet will kick off the series on **February 8th** with ice breakers and get-to-know-you activities. Each class will meet biweekly on Wednesday nights from 5:30-8:00PM, with a graduation event following completion (date TBD). Class dates include: 2/8, 2/15, 3/1, 3/15, 3/29, 4/12, 4/26, and 5/10.

The participation fee is \$54.00 and applications are open NOW at <https://bit.ly/ncjwLead>. Scholarships ARE available. Contact Alec Rothman at 314-993-5181 or arothman@ncjwstl.org for more information.

All participants are expected to get involved with NCJWSTL within one year of program completion. This may include chairing or joining a committee, joining the Board of Directors, involvement with event planning, involvement with our advocacy efforts, and more.

Applications due no later than Thursday, December 15, 2022. Participants will be notified in early January.

Previous Class Topics Include:

Maintaining Your Sanity:

Learn the de-stressing techniques that will help you re-charge, re-focus, and bring joy into your life during stressful times.

Navigating Difficult Conversations:

Do a deep dive into your personality traits and how to utilize your strengths to navigate difficult conversations with others to achieve positive outcomes.

Balancing Your Life Among Work, Family, and Personal Needs:

How do you effectively balance everything on your plate while focusing on your mental health? Look into the ways to divide your time equally without spreading yourself too thin.

If this sounds like you, please apply now using [this form](#)! Know other movers and shakers that would love this opportunity? Share with your friends, family, and colleagues!

This is a member-only program. If you are not a member and want to participate, [JOIN NOW!](#)